



With Jennie Down—Youth Coach

# GET SORTED

VOLUME 1:ISSUE 3

DECEMBER 2010

## A NEW ERA BEGINS...

### Numbers Youth Coach Service

Total referred to  
Youth Coach this  
quarter 16

Total exited into em-  
ployment 5

Total exited into fur-  
ther training 5

Total utilized 44  
Coaching Services  
this year

Leaving school can be both *exciting and scary* as a whole new world opens up and the next stage of life begins. There are many decisions that need to be made and for some, these decisions come easy, while for others it all just feels a bit much! It is totally ok to be unsure and absolutely natural to want to take your time when making a decision about what you are going to do now that you have left school. Sometimes just *making time* to speak to someone about possible options is all you need to identify a choice that feels right.

The *Canterbury Transitions Youth Coach* is someone who can offer you *free advice* or even an ear, to help you figure out what you might like to do next, or to help you follow through with a decision you have already made.

do, think about what interests you, what you are naturally good at and what seems like something that could be fun to try. This decision is *just the first of many* and what you choose to do now may or may not be what you end up doing for the rest of your life. Gone are the days of remaining in the same occupation for 40 years. Many people start on one career path and then move sideways, using what they have learnt and trying out something new.

You are at the perfect stage of your life, where your options are endless and opportunities surround you. *Getting involved in something*, whether it be further study or employment will keep you on the path to creating a better skilled, more experienced and more knowing you.

Start to **'GET SORTED'** and watch your world open up.

When deciding what you would like to



## Introducing the (not so) New Youth Coach

*"Nothing is more difficult, and therefore more precious, than to be able to decide."*

Jennie Down is the new Youth Coach at the Selwyn District Council and feels lucky to be supporting local young people. So far she has helped a number of clients make decisions about what next and has supported them with making those decisions a reality. If you or someone you know needs support with moving forward now that your not at school, give Jennie a bell and she will do her best to help. Check out the contact details on the back of this newsletter.



Jennie works part time Monday to Wednesday.



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The Selwyn District Council are pleased to be a part of the Canterbury Youth Transition Service. We are dedicated to supporting our local youth into Education, Employment or Training and in doing so, building a brighter future for our community.

As the year draws to a close we would like to take this opportunity to wish you and your whanau a very merry Christmas and a safe holiday season!



# GOOD NEWS!

So far this year, many young people have used the coaching service offered at the Selwyn District Council.

Here are just some of the destinations that have been chosen by the school leavers in Selwyn.

- FT work, Dog Groomer
- Avonmore Hairdressing College
- NZ Institute of Sport
- Te Kura Correspondence School
- CPIT—Cookery
- CPIT—Automotive Engineering
- Make-up Artistry Training
- Barista Training
- Rangi Ruru Early Childhood Education
- FT Work—Food Production
- Zumba Instructing

- Hagley Community College
- Full Time Hospitality Training and part time kitchen hand
- FT Work—Stud Farm
- FT Work— Hotel

Well done to those above who have made a decision and followed through!



## Important Dates!

Many courses are quickly filling up and closing dates for enrolment are approaching. Don't miss out on a course you are interested in because you just didn't get round to it!

Remember Jennie can help with any applications so get in touch with her if you would like her to help out with making your application a success!

## 'GET SORTED'

WORKSHOPS ARE COMING!

In 2011 Monthly 'Get Sorted' Workshops are being run in Rolleston. This will bring specialists, Training Providers and job readiness training to your back door! Dates have been set so keep an eye on the Selwyn District Council Website for more details.

