



With Jennie Down—Youth Coach

# GET SORTED

VOLUME 2:ISSUE 1

FEBRUARY 2011

## G.S. WORKSHOPS BEGIN...

### Numbers Youth Coach Service

Total referred to  
Youth Coach  
Oct-Dec 2010

Total exited into  
3  
employment

Total exited into  
6  
further training

Total utilized 19  
Coaching Services  
this contractual year

On the 15th February the first of the **Get Sorted** Workshops was delivered at the Rolleston Community Centre. These workshops which have been created by Jennie are being delivered each month and aim to support the young people in the district start their journey beyond the school gates.

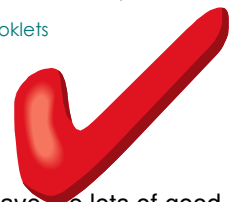
**Career Services** who facilitated the first session had a great group of young people to work with and during the session, the group spent time considering their interests, passions, values and expectations and then identified how these could cross over into vocational decision making. For most of the young people in attendance, the decision about what they wanted to do as a career was still firmly in the forefront of their minds and the jury was still well and truly out! For a few, they had made some general decisions and career goals, but just need some help identifying how to get there. All attendees had one thing in common. They recognized that they were at a new, transitional phase of their lives and rather than hiding and waiting for

something to happen, they were actively taking control, participating and doing something to gain further clarity.

Further Get Sorted Workshops are being delivered this year and if you or someone you know is interested in learning more, get in touch with Jennie as soon as possible.



Attendees reflect in their -Decisions, Decisions- booklets



## GOOD NEWS!

**Towards the end of last year, Peter was referred to Jennie as he had finished school and needed assistance creating a career plan. Here is a brief account of his time working with Jennie**

*What were you doing before you met up with the youth coach?*

I had just returned from traveling and working in a summer camp in America.

*What were your expectations of the youth coach?*

I was hoping to find a job as soon as possible.

*How did you find the experience – working with the youth coach?*

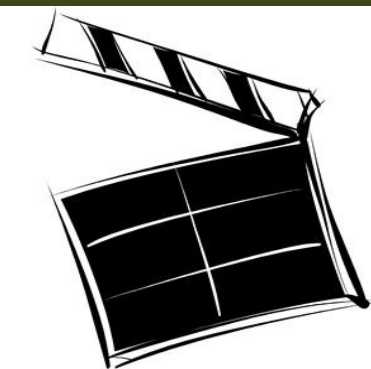
Really helpful, she gave me lots of good advice in the long term career I wanted to go for. Jennie also found me cafe work and training.

*In what way did the YC help you most?*

I told her what I wanted to do for a career and she gave me a variety of paths I could take to end up where I wanted to be.

*What advice would you give to other young people in the district who are not in employment or education?*

I found the assistance was really helpful and recommend it to anyone else who is in the same situation as I was.



*"Motivation is what gets you started, habit is what keeps you going."*



## Selwyn District Council

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The Selwyn District Council are pleased to be a part of the Canterbury Youth Transition Service. We are dedicated to supporting our local youth into Education, Employment or Training and in doing so, building a brighter future for our community.

If you or someone you know would benefit from the support of Selwyn's Youth Coach—get in touch today!



# SOMETHING TO THINK ABOUT

In a magazine recently, I read the following....

Imagine that you won the following prize in a contest: each morning your bank would deposit \$86,400.00 in a private account for your use. However, this prize had rules:

1. Everything that you didn't spend during each day would be taken away from you. You may not simply transfer money into another account, you may only spend it. Each morning upon awakening, the bank opens your account with another \$86,400.00 for that day. The bank can end the game without warning. At any time it can say, "Its over, the game is over." It can close the account and you will

receive no more money.

What would you do? You would buy anything and everything you wanted right? Not only for yourself, but for friends, family and in fact anyone you could – cos' there is no way that you could spend it all on yourself...You would try to spend every cent, and use it all, right?

ACTUALLY, this 'game' is reality! Each of us is in possession of such a magical bank. However instead of money being deposited, it is TIME!

Each morning we awaken to receive 86,400 seconds as a gift of life and when we go to sleep at night, any remaining seconds in that day are NOT credited to us. Whatever we have not lived that day is lost. Yesterday is for-

ever gone. Each morning the account is refilled, but the 'bank' could dissolve at any time... WITHOUT WARNING!

So, what will you do with your 86,400 seconds? Aren't they worth much more than the same amount in dollars?

NOW is the time to act. Not tomorrow and not next week. Do something now that will keep you moving forward and that will make the most of each precious moment that you have!

